

Oswaldo Santos

Academic CV

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Current affiliations

- Hospital Lusíadas Alfragide (Hospital Monsanto) - Clinical Psychologist / Psychotherapist
- Faculdade de Medicina da Universidade de Lisboa, ISAMB - Instituto de Saúde Ambiental, EnviHeB Lab - Invited Lecturer / Researcher
- Faculty of Health Sciences, Stavanger University, Norway - Collaborating Researcher
- Unbreakable Idea Research - CEO & Researcher

Scholarly identifiers

- ORCID - <https://orcid.org/0000-0002-0836-4314>
- Ciência Vitae - <https://www.cienciavitae.pt/portal/6316-C90E-78BD>
- Scopus - <https://www.scopus.com/>
- ResearchGate - <https://www.researchgate.net/>
- Google Scholar - <https://scholar.google.com/>

Career & academic timeline

- Desde 2016 - Invited Lecturer (Faculdade de Medicina, Universidade de Lisboa)
- Desde 2018 - Coordinator, EnviHeB Lab (ISAMB · FMUL)
- Desde 2017 - Clinical Psychologist / Psychotherapist (Hospital Lusíadas)
- Desde 2017 - Founder & CEO (Unbreakable Idea Research)
- Desde 2017 - Editor-in-Chief (The Psychologist Journal · OPP)
- 2017-2023 - Clinical Psychologist, Bariatric Surgery (Hospital da Cruz Vermelha · Casa de Saúde de Carnaxide)
- 2011-2013 - Assistant Professor (Universidade Lusófona - Ciências e Tecnologias da Saúde)
- 2008-2012 - Scientific Coordinator (Observatório Nacional da Obesidade (ONOCOP))
- 1996-2016 - Senior Researcher (DECO PROTESTE / Euroconsumers)
- 1999-2003 - Clinical Psychologist & Coordinator (Santa Casa da Misericórdia de Lisboa)
- 2003 - MSc Health Psychology (ISPA, Lisboa)
- 1994 - Degree in Clinical Psychology (Faculdade de Psicologia, Universidade de Lisboa)

Publications

Priority academic publications

- Akhremenko, V., Rodríguez Gil, J. L., Rico, A., López-Heras, I., Lertxundi, U., Martínez-Morcillo, S., Motas, M., Mozas-Blanco, S., Santos, O., Orive, G., & Valcárcel, Y. (2026). Pharmaceuticals and transformation products in coastal waters of the Iberian Peninsula. *Marine Environmental Research*, 213, 107675.
- Mede, N. G., Cologna, V., Berger, S. et al. [TISP Consortium]. (2025). Perceptions of science, science communication, and climate change attitudes in 68 countries: the TISP dataset. *Scientific Data*, 12, 114. <https://doi.org/10.1038/s41597-024-04100-7>
- TISP Consortium. (2025). Public communication about science in 68 countries: Global evidence on how people encounter and engage with information about science. *Science Communication*.

- Arán, D., Santos, O., Feteira-Santos, R., Benhalima, Y., & Santos, E. S. (2025). Soil quality and trace element risk in urban and rural kitchen gardens: a comparative analysis. *Toxics*, 13(8), 697. <https://doi.org/10.3390/toxics13080697>
- Cologna, V., Mede, N. G., Berger, S. et al. [TISP Consortium]. (2025). Trust in scientists and their role in society across 68 countries. *Nature Human Behaviour*, 9, 713-730. <https://doi.org/10.1038/s41562-024-02090-5>
- Cologna, V., Meiler, S., Kropf, C. M. et al. [TISP Consortium]. (2025). Extreme weather event attribution predicts climate policy support across the world. *Nature Climate Change*, 15, 725-735. <https://doi.org/10.1038/s41558-025-02372-4>
- Vargas, R., Santos, O., Fialho, M., Costa, J., Eifler, N., Marques-Quinteiro, P., & Curral, L. (2025). Lead yourself to the zone and be happy: the effect of self-leadership development on flow and happiness. *PLOS One*, 20(9), e0331673. <https://doi.org/10.1371/journal.pone.0331673>
- Ferreira-Brito, F., Alves, S., Guerreiro, T., Santos, O., Caneiras, C., Carriço, L., & Verdelho, A. (2024). Digital health and patient adherence: a qualitative study in older adults. *Digital Health*, 10, 20552076231223805. <https://doi.org/10.1177/20552076231223805>
- Santos, O. (2024). Investigação em psicologia: métodos e participantes. In M. C. Patrão Neves & M. Ricou (Eds.), *Ética aplicada: Psicologia* (pp. 335-358). Edições 70.
- NCD Risk Factor Collaboration (NCD-RisC). (2024). Worldwide trends in underweight and obesity from 1990 to 2022: a pooled analysis of 3663 population-representative studies with 222 million children, adolescents, and adults. *Lancet*, 403(10431), 1027-1050. [https://doi.org/10.1016/S0140-6736\(23\)02750-2](https://doi.org/10.1016/S0140-6736(23)02750-2)
- Martins, R., Capitão, C., Feteira-Santos, R., Virgolino, A., & Santos, O. (2024). Psychometric properties of the Functional Literacy Questionnaire among Portuguese adolescents. *PLoS One*, 19(10), e0306802. <https://doi.org/10.1371/journal.pone.0306802>
- Alarcão, V., Candeias, P., Stefanovska-Petkovska, M., Neves, J., Pintassilgo, S., Machado, F. L., Santos, O., et al. (2024). Insights from the EQUALS4COVID19 study on migrant mental health in Portugal: a cross-sectional mixed-methods approach. *BMC Public Health*, 24(1), 2023. <https://doi.org/10.1186/s12889-024-19563-x>
- NCD Risk Factor Collaboration (NCD-RisC). (2023). Diminishing benefits of urban living for children and adolescents' growth and development. *Nature*, 615(7954), 874-883. <https://doi.org/10.1038/s41586-023-05772-8>
- de Matos, M. G., Carvalho, M., Branquinho, C., Noronha, C., Moraes, B., Gaspar, T., Guedes, F. B., Cerqueira, A., Santos, O., & Rodrigues, N. N. (2023). COVID-19, wellness and life satisfaction in adolescence. *International Journal of Environmental Research and Public Health*, 20(8), 5600. <https://doi.org/10.3390/ijerph20085600>
- Mozas-Blanco, S., Rodríguez-Gil, J. L., Kalman, J., Quintana, G., Díaz-Cruz, M. S., Rico, A., et al., Santos, O., & Valcárcel, Y. (2023). Occurrence and ecological risk assessment of organic UV filters in coastal waters of the Iberian Peninsula. *Marine Pollution Bulletin*, 196, 115644. <https://doi.org/10.1016/j.marpolbul.2023.115644>
- Santos, R., Santos, O., Abreu, A., Caminha, L., Costa, A., Sul, S., Nogueira, P. J., et al. (2023). Saúde ambiental: caderno de notas soltas III. AEFMUL / ISAMB-FMUL.
- Capitão, C., Martins, R., Santos, O., et al. (2022). Exposure to heavy metals and red blood cell parameters in children: a systematic review of observational studies. *Frontiers in Pediatrics*, 10, 921239. <https://doi.org/10.3389/fped.2022.921239>
- Filippini, T., Halldorsson, T. I., Capitão, C., Santos, O., Virgolino, A., & Laguzzi, F. (2022). Dietary acrylamide exposure and risk of site-specific cancer: a systematic review and dose-response meta-analysis. *Frontiers in Nutrition*, 9, 875607. <https://doi.org/10.3389/fnut.2022.875607>
- Martins, R., Capitão, C., Fialho, M., Feteira-Santos, R., Virgolino, A., Santos, R. R., Alarcão, V., Silva, M., Arriaga, M., Graça, P., Gregório, M. J., & Santos, O. (2022). Are beliefs and attitudes about COVID-19 associated with self-perceived changes in food consumption? *Appetite*, 168, 105681. <https://doi.org/10.1016/j.appet.2021.105681>
- Santos, O., & Matos, M. G. (2022). Determinants of effective communication from policymakers and health

authorities in the contexts of public health crises. *The Psychologist: Practice & Research Journal*.

- Virgolino, A., Costa, J., Santos, O., Pereira, M. E., Antunes, R., Ambrósio, S., Heitor, M. J., & Vaz Carneiro, A. (2022). Lost in transition: a systematic review of the association between unemployment and mental health. *Journal of Mental Health*, 31(3), 432-444. <https://doi.org/10.1080/09638237.2021.2022615>
- Alarcão, V., Costa, J., Madeira, T., Peixoto-Plácido, C., Fernandes, E., Sousa-Santos, N., Santos, O., Nicola, P. J., Lopes, C., & Gorjão-Clara, J. (2022). Self-perceived general health among community-dwelling Portuguese older adults. *Ageing and Society*, 42(1), 223-245. <https://doi.org/10.1017/S0144686X20000811>
- Capitão, C., Martins, R., Feteira-Santos, R., Virgolino, A., Graça, P., Gregório, M. J., & Santos, O. (2022). Developing healthy eating promotion mass media campaigns: a qualitative study. *Frontiers in Public Health*, 10, 931116. <https://doi.org/10.3389/fpubh.2022.931116>
- Candeias, P., Alarcão, V., Stefanovska-Petkovska, M., Santos, O., et al. (2021). Reducing sexual and reproductive health inequities between natives and migrants: a Delphi consensus. *Frontiers in Public Health*, 9, 656454. <https://doi.org/10.3389/fpubh.2021.656454>
- Lampert, T., Costa, J., Santos, O., Sousa, J., Ribeiro, T., & Freire, E. (2021). Evidence on the contribution of community gardens to promote physical and mental health and well-being of non-institutionalized individuals: a systematic review. *PLoS One*, 16(8), e0255621. <https://doi.org/10.1371/journal.pone.0255621>
- Santos, O., Virgolino, A., Vaz Carneiro, A., & de Matos, M. G. (2021). Health behavior and planetary health: a multi-level environmental health approach. *European Psychologist*, 26(3), 212-218. <https://doi.org/10.1027/1016-9040/a000437>
- Virgolino, A., Santos, O., Costa, J., Fialho, M., et al. (2021). Challenges to evidence synthesis and identification of data gaps in human biomonitoring. *International Journal of Environmental Research and Public Health*, 18(6), 2830. <https://doi.org/10.3390/ijerph18062830>
- Santos, O., Stefanovska-Petkovska, M., Virgolino, A., et al. (2021). Functional health literacy: psychometric properties of the Newest Vital Sign for Portuguese adolescents (NVS-PTeen). *Nutrients*, 13(3), 790. <https://doi.org/10.3390/nu13030790>
- Fernandes, J., Fialho, M., Santos, R., Peixoto-Plácido, C., Madeira, T., Sousa-Santos, N., Virgolino, A., Santos, O., & Vaz Carneiro, A. (2020). Is olive oil good for you? A systematic review and meta-analysis. *Nutrition*, 69, 110559. <https://doi.org/10.1016/j.nut.2019.110559>
- Santos, O., Alarcão, V., Feteira-Santos, R., et al. (2020). Impact of different front-of-pack nutrition labels on online food choices. *Appetite*, 154, 104795. <https://doi.org/10.1016/j.appet.2020.104795>
- Virgolino, A., Antunes, F., Santos, O., et al. (2020). Towards a global perspective of environmental health: defining the research grounds of an institute of environmental health. *Sustainability*, 12(21), 8963. <https://doi.org/10.3390/su12218963>
- Madeira, T., Peixoto-Plácido, C., Sousa-Santos, N., Santos, O., et al. (2019). Malnutrition among older adults living in Portuguese nursing homes: the PEN-3S study. *Public Health Nutrition*, 22(3), 486-497. <https://doi.org/10.1017/S1368980018002318>
- Direção-Geral da Saúde. (2019). Nutr-HIA: Improving nutrition labelling in Portugal - Health impact assessment, Final report. Direção-Geral da Saúde.
- Santos, O., Virgolino, A., Santos, R. R., Costa, J., Rodrigues, A., & Vaz-Carneiro, A. (2019). Environmental Health: An overview on the evolution of the concept and its definitions. In *Encyclopedia of Environmental Health* (pp. 466-474). Elsevier. <https://doi.org/10.1016/B978-0-12-409548-9.11815-9>
- NCD Risk Factor Collaboration (NCD-RisC). (2019). Rising rural body-mass index is the main driver of the global obesity epidemic in adults. *Nature*, 569(7755), 260-264. <https://doi.org/10.1038/s41586-019-1171-x>
- Santos, O. (2017). Viver mais e melhor. Euroconsumers.
- Santos, O. (2017). Manual de métodos de avaliação em efetividade em intervenção psicológica. Ordem dos Psicólogos Portugueses.
- NCD Risk Factor Collaboration (NCD-RisC). (2017). Worldwide trends in body-mass index, underweight, overweight, and obesity from 1975 to 2016. *Lancet*, 390(10113), 2627-2642. [https://doi.org/10.1016/S0140-6736\(17\)32129-3](https://doi.org/10.1016/S0140-6736(17)32129-3)
- Costa, A. R., Silva, S., Moura-Ferreira, P., Villaverde-Cabral, M., Santos, O., do Carmo, I., Barros, H., & Lunet, N. (2016). Health-related knowledge of primary prevention of cancer in Portugal. *European Journal of*

- Cancer Prevention, 25(1), 50-53. <https://doi.org/10.1097/CEJ.0000000000000125>
- Santos, O. (2016). Treinar a memória. Euroconsumers.
 - Madeira, T., Peixoto-Plácido, C., Goulão, B., Mendonça, N., Alarcão, V., Santos, N., , Santos, O., & Clara, J. G. (2016). National survey of the Portuguese elderly nutritional status: study protocol. BMC Geriatrics, 16, 139. <https://doi.org/10.1186/s12877-016-0299-x>
 - Santos, O., et al. (2013). Continuous care units: A response to aging and dependency in Portugal. Biomedical and Biopharmaceutical Research.
 - Santos, O. (2011). Do consenso aos objectivos estratégicos. In Plano Nacional de Saúde 2011-2016: Política do medicamento, dispositivos médicos e avaliação de tecnologias em saúde (pp. 50-61).
 - Santos, O., do Carmo, I., Camolas, J., & Vieira, J. (2011). Physical activity and body mass index in the adult Portuguese population. Biomedical and Biopharmaceutical Research.

Other publications

- Cruz, J. P., Santos, O., Rodrigues, M., Morais, R., Borralho, T., Ferreira, F., Ferreira, A., Albuquerque, J., Nogueira, P., da Silva, M. P., & Antunes, F. (2025). Assessment of the impact of the new blister packaging of Biktarvy® (B/F/TAF) on treatment satisfaction of people living with HIV. PLoS ONE, 20(12), e0313458. <https://doi.org/10.1371/journal.pone.0313458>
- Candeias, P., Alarcão, V., & Santos, O. (2024). Lado a lado com peritos e stakeholders: para a produção de indicadores e boas práticas em saúde sexual e reprodutiva. In V. Alarcão, S. Pintassilgo, & F. L. Machado (Eds.), Saúde Sexual e Reprodutiva num Portugal Multicultural (pp. 89-104). Edições Afrontamento.
- Santos, O., Santos, R. R., & Virgolino, A. (Eds.). (2024). Environmental health behavior: concepts, determinants, and impacts (1st ed.). Academic Press / Elsevier. eBook ISBN: 9780128242483. <https://doi.org/10.1016/C2020-0-01059-5>
- Alarcão, V., Candeias, P., Stefanovska-Petkovska, M., Pintassilgo, S., Machado, F. L., Virgolino, A., & Santos, O. (2023). Mental health and well-being of migrant populations in Portugal two years after the COVID-19 pandemic. Behavioral Sciences, 13(5), 422. <https://doi.org/10.3390/bs13050422>
- Sousa-Santos, N., Fialho, M., Madeira, T., , Santos, O., et al. (2023). Nutritional counselling in adults promoting adherence to the Mediterranean diet as adjuvant in the treatment of major depressive disorder (INDEPT): a randomized open controlled trial study protocol. BMC Psychiatry, 23(1), 227. <https://doi.org/10.1186/s12888-023-04705-z>
- Fernandes, M., Neves, I., Oliveira, J., Santos, O., et al. (2022). Discontinuation of chronic benzodiazepine use in primary care: a nonrandomized intervention. Family Practice, 39(2), 241-248. <https://doi.org/10.1093/fampra/cmab143>
- Costa, A., Sousa, C. J., Seabra, P. R. C., Virgolino, A., Santos, O., et al. (2021). Effectiveness of social prescribing programs in the primary health-care context: a systematic literature review. Sustainability, 13(5), 2731. <https://doi.org/10.3390/su13052731>
- Ferreira-Brito, F., Fialho, M., Virgolino, A., et al., & Santos, O. (2019). Game-based interventions for neuropsychological assessment, training and rehabilitation: which game-elements to use? A systematic review. Journal of Biomedical Informatics, 98, 103287. <https://doi.org/10.1016/j.jbi.2019.103287>
- Santos, O., Lopes, E., Virgolino, A., Stefanovska-Petkovska, M., Dinis, A., Ambrósio, S., & Heitor, M. J. (2018). Defining a brief intervention for the promotion of psychological well-being among unemployed individuals through expert consensus. Frontiers in Psychiatry, 9, 13. <https://doi.org/10.3389/fpsy.2018.00013>
- Rita-Pedro, A., Paulino, E., Sarmento, J., & Santos, O. (2018). Decidir em conjunto sobre a nossa saúde. Saúde que Conta / Centro de Investigação para Tecnologias Interativas.
- Madeira, T., do Carmo, I., Bicha Castelo, H., & Santos, O. (2018). Self-regulation of weight after sleeve gastrectomy. Behavior Modification, 42(2), 231-248. <https://doi.org/10.1177/0145445517724540>
- Ribeiro, G., Camacho, M., Santos, O., Pontes, C., Torres, S., & Oliveira-Maia, A. J. (2018). Association between hedonic hunger and body-mass index versus obesity status. Scientific Reports, 8(1), 5857. <https://doi.org/10.1038/s41598-018-23988-x>
- Torres, S., Camacho, M., Costa, P., Ribeiro, G., Santos, O., et al. (2017). Psychometric properties of the Portuguese version of the Yale Food Addiction Scale. Eating and Weight Disorders, 22(2), 259-267.

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- Virgolino, A., Heitor, M. J., Carreiras, J., Lopes, E., Øverland, S., Torp, S., et al., & Santos, O. (2017). Facing unemployment: study protocol for the implementation and evaluation of a community-based intervention for psychological well-being promotion. *BMC Psychiatry*, 17, 261. <https://doi.org/10.1186/s12888-017-1416-x>
- Tavares, L., Palma, L., Santos, O., Almeida, M. A., Bujan, M. J., & Rodrigues, L. M. M. (2016). Impact of excess body weight on skin hydration and biomechanics. In P. Humbert, H. Maibach, & F. Fanian (Eds.), *Measuring the skin* (2nd ed.). Springer.
- Camolas, J., Ferreira, A., Mannucci, E., Mascarenhas, M., Carvalho, M., Moreira, P., do Carmo, I., & Santos, O. (2016). Assessing quality of life in severe obesity: development and psychometric properties of the ORWELL-R. *Eating and Weight Disorders*, 21(2), 277-288. <https://doi.org/10.1007/s40519-015-0222-z>
- Camolas, J., Santos, O., Moreira, P., & do Carmo, I. (2016). INDIVIDUO: Results from a patient-centered lifestyle intervention for obesity surgery candidates. *Obesity Research & Clinical Practice*, 11(4), 475-488. <https://doi.org/10.1016/j.orcp.2016.08.003>
- Santos, O. (2013). Técnicas comportamentais para modificação do estilo de vida e adesão terapêutica. In A. Abreu, C. Aguiar, M. Mendes, & H. Santa-Clara (Eds.), *Manual de reabilitação cardíaca*. Sociedade Portuguesa de Cardiologia.
- Ferreira, A., Santos, O., Raimundo, G., et al. (2013). Psychological characterization of severely obese patients: Pre- and post-bariatric surgery. *Biomedical and Biopharmaceutical Research*. <https://doi.org/10.19277/BBR.10.1.49>
- Tavares, L., Palma, L., Santos, O., et al. (2013). Impact of overweight on the normal physiology of human in vivo skin. *Biomedical and Biopharmaceutical Research*.
- Camolas, J., Santos, O., Vieira, J., et al. (2012). Self-reported frequency of alcohol consumption and its association with obesity. *Biomedical and Biopharmaceutical Research*.
- Santos, O. (2012). Vencer a depressão. Deco Proteste. EAN 9789898045867.
- Santos, O. (2009). Obesidade em Portugal e no mundo. Faculdade de Medicina da Universidade de Lisboa.
- Santos, O. (2007). Dormir melhor. Deco Proteste. EAN 9789898045089.
- Santos, O., Biscaia, A., Antunes, A. R., Craveiro, I., Júnior, A., Caldeira, R., & Charondiêre, P. (2007). Os centros de saúde em Portugal: a satisfação dos utentes e dos profissionais. Ministério da Saúde / Missão para os Cuidados de Saúde Primários.
- Santos, O. (2004). Tempo para tudo. Euroconsumers / Guia Prático da DECO PROTESTE.
- Santos, O., & Biscaia, A. (2001). Qualidade de vida: relacionada com a saúde e com a doença. In V. Ramos (Ed.), *Manual de medicina geral e familiar MGF 2000*. Associação Portuguesa dos Médicos de Clínica Geral.

Projects & collaborations

- INDEPT - Mediterranean Diet & Major Depression · FCT (PTDC/SAU-NUT/3321/2020) · 2021-2024 - Randomized controlled trial on nutritional counselling as adjuvant treatment for major depressive disorder.
- EnviHeB Lab - Environmental Health Behaviours · ISAMB · FMUL · Desde 2018 - Coordination of the lab dedicated to behavioural determinants with synergistic effects on human and planetary health.
- Indoor Heat Exposure in the Elderly · FCT (EXPL/GES-AMB/0280/2021) · 2022-2024 - Adaptation attitudes to indoor heat exposure among older adults.
- Fertility, Migration & Acculturation · FCT (PTDC/SOC-SOC/30025/2017) · 2018-2022 - Intersectional approach to sexual and reproductive experiences of Cape Verdean and Portuguese families.
- SM-COVID19 - Mental Health in Pandemic · ISAMB · FMUL · 2020-2022 - National study on mental health during the COVID-19 pandemic.
- The Psychologist: Practice & Research Journal · Ordem dos Psicólogos Portugueses · Desde 2017 - Founder and Editor-in-Chief of the official scientific journal of the Portuguese Psychologists Association.
- Unbreakable Idea Research · Spin-off de investigação aplicada · Desde 2017 - Applied research and scientific consulting company in health, behaviour and innovation.
- HBM4EU - European Human Biomonitoring Initiative · Horizonte 2020 (733032) · 2017-2022 - Evidence

synthesis and data gap identification in human biomonitoring across Europe.

- PARC - Partnership for the Assessment of Risks from Chemicals · Horizon Europe (101057014) · Desde 2022 - European partnership for chemical risk assessment for human and environmental health.
- FOODCLIC - Integrated Urban Food System Policies · Horizon Europe (101060717) · Desde 2023 - Applied research on integrated policies for healthy and sustainable urban food systems.
- WAGE - Healthy Working Environments for all Ages · Horizon Europe (101137207) · Desde 2024 - Promotion of healthy working environments across the working life-course.
- FEMINA - Fertility, Migration & Acculturation · FCT (PTDC/SOC-SOC/30025/2017) · 2018-2022 - Intersectional inequalities in sexual and reproductive health among Cape Verdean and Portuguese families.
- Social Prescribing - Local System in Primary Care · ISAMB · FMUL · 2020-2023 - Feasibility study to develop a social prescribing local system in a Mediterranean country.
- Nutr-HIA - Health Impact Assessment of Nutrition Labelling · Direção-Geral da Saúde · 2017-2019 - Health impact assessment of interpretive front-of-pack nutrition labelling schemes.
- Behavioral Sciences Task Force for COVID-19 · Governo de Portugal · 2021 - Member of the Task Force established by governmental decree to inform public health policy during the pandemic.
- Municipal Health Strategies · Loures · Mafra · Odivelas · Almada · Cascais · 2018-2023 - Principal investigator for municipal health strategies in five municipalities of the Lisbon Metropolitan Area.
- REACT-COVID - Physical Activity & Nutrition during Lockdown · ISAMB · FMUL · 2020-2021 - Longitudinal study of physical activity and nutrition behaviours during social distancing.

Media & public communication

- 2023 · Communicating risk in uncertain times · Público
- 2023 · Planetary health explained to society · Iniciativa EnviHeB
- 2023 · From clinic to planetary health · Conversas em Saúde
- 2022 · Portuguese Psychologists Association: practice and research · OPP Newsroom
- 2022 · Behaviour, health and science · Maratona da Saúde
- 2021 · Behavioural Sciences Task Force - COVID-19 · Governo de Portugal
- 2024 · Mental health, environment and behaviour change · RTP
- 2024 · Health literacy and prevention · Antena 1
- 2022 · Behaviour change and chronic disease · Programas de literacia em saúde